

# Tour B : The City of Contrasts - Stavanger

Saturday 18 September—3 days

*Stavanger (European capital of Culture 2008), Norway's 4th largest city and often called "the Petroleum Capital of Norway" due to its important oil industry. Located on the south west coast of Norway this picturesque city is a mixture of old and new with lovely nature in close proximity:*

- *Lysefjord: One of Norway's most beautiful fjords*
- *Pulpit Rock (Prekestolen): Famous rock towering 600 meters above the fjord*
- *Solastranda: The longest sandy beach in Norway*

## Day 1 (18.09.10) Oslo—Stavanger

Flight SK4017 at 09:45 to Stavanger from Oslo Airport Gardermoen.

Check in and overnight at Rica Victoria Hotel, [www.rica.no](http://www.rica.no)

### Option 1: Stavanger by Helicopter

12:00-13:30 Pick up at the hotel. Experience the great views of the magnificent Lysefjord, the Pulpit Rock and mountain formations in the vicinity of Stavanger (flight duration 30 min.)

### Option 2: Excursion to Utstein Monastery

13:00-17:00 Pick up at the hotel with local guide and coach. Scenic drive to Moster Island. Guided tour of the monastery and private organ recital concert in the chapel. Utstein Monastery is the best preserved monastery in Norway dated back to 1160. The church is still in use.



## Day 2 (19.09.10) In Stavanger

Enjoy the day in Stavanger on your own, or take one of today's optional tours.

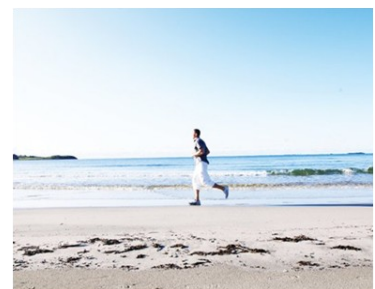
### Option 1: Hiking to the Pulpit Rock (Prekestolen)

08:00-17:00 Pick up at the hotel by guide and short walk to the pier. Regular ferry to Tau pier, then transfer by coach to the Pulpit Rock Lodge. The hike to the top and back takes approx. 3,5 hrs. Lunch is included. Return by coach and ferry back to Stavanger.



### Option 2: Cycle tour to Solastranda

10:00-15:00 Pick up at the hotel by guide and a short walk to pick up bicycles for a nice ride out to Solastranda beach. No need for advanced bicycle skills. Rented bike and helmet will be supplied. Lunch at Solastrand Hotel, located directly on Norway's longest beach, Solastranda. (Total distance of tour is 30 km).



## Day 3 (20.09.10) Departure from Stavanger

Individual transfers to Stavanger Sola airport.

Departure with SK 4022 at 13:15. Arrival in Oslo at 14:05.

## Tour B : The City of Contrasts - Stavanger

### RATES :

**Price includes:** Return flight Oslo—Stavanger, 2 nights accommodation incl. breakfast.

Price per person in double room / twin for 2 nights NOK 3590

Single room supplement for 2 nights NOK 740

### Optionals (Price per person, except helicopter tour)

- Excursion to Utstein Monastery (minimum 15 persons) NOK 1090

- Cycle tour to Solastranda (minimum 10 persons) NOK 1290

- Hiking to the Pulpit Rock (Prekestolen), minimum 10 persons NOK 1145

- Helicopter tour (price per helicopter) up to 3 persons NOK 5800

**Additional 1 night** in Rica Victoria Hotel Stavanger 20.-21.09.10

Per person in double room incl. breakfast NOK 860

Single room supplement 1 night NOK 490

### CONDITIONS:

**Deadline for booking**

**30 June 2010**

Full pre-payment will be required. Payments can be made by credit card or bank transfer. The conference coordinator will confirm your booking shortly.

All mentioned flights are included in the price, however flight taxes may change.

Bookings made after 30 June are subject to availability.

**Cancellation:** Cancellation must be forwarded to the conference coordinator in writing. A fee of 20% will be applicable for received cancellations in the period 30 June to 2 August. No refund for cancellations received after 2 August.

### PRACTICAL INFORMATION:

Food and beverages are only included where mentioned (beverages: tap water and coffee/tea).

Bring outdoor clothes, solid shoes, gloves, scarf and cap. For the optional bicycle tour and hiking tour we recommend you to bring a small rucksack for your personal belongings.

For practical questions, please contact ICS at [iso@ics.no](mailto:iso@ics.no) or tel: +47 24 14 98 00

#### Copyright photos :

- 1) Old Stavanger, © Region Svg
- 2) Utstein Monastery ©
- 3) Pulpit Rock, © Region Svg
- 4) Sola Strand Hotel ©

**Conference coordinator:**



INTERNATIONAL  
CONFERENCE SERVICE

**In cooperation with:**

